

## **Medford JR Mustangs Football Information Sheet**

### **WELCOME JR MUSTANG FAMILIES!!**

By signing up to be a Medford Jr Mustang you are committing to a team sport from July 15 - Mid November, possibly into December if teams compete at the Super Bowl. Our season ends December 31 but we hope to resume optional 'clinics' in the spring to start sharpening our skills for the next season. We will provide our current athletes the opportunity to 'bring a friend' to designated clinics. This is considered a fundraiser for our Association.

You are also committing to 2 or 3 rounds of post-season games during the 2026 season. Teams with the best season record will progress to our Northeastern Mass PW league playoffs. NMPW champions will progress to New England Regionals. Winners of New England Regionals will attend the Super Bowl in North Carolina in December.

Our goal is to send our teams to the Super Bowl in Charlotte, NC in December 2026. We will provide our families with as much information in advance as possible. Historically, the Super Bowl will cost each athlete \$1500 NOT including airfare. We will fundraise throughout the season in the hopes our Association, Medford Jr Mustangs can help with the financial burden this entails. However, if a team makes it to the Super Bowl, each athlete will be responsible for fundraising \$1500.

### **AVAILABLE TEAMS**

6U requires 10-15 athletes  
7U and up require 20-25 athletes

6U, 7 man  
Ages 5-6 on July 15, 2026  
Previous seasons have been Tackle. We are waiting for information from our league, they're discussing a change to flag football.

7U, 11 man Tackle  
Ages 6-7 on July 15, 2026

9U, 11 man Tackle  
Ages 7-9 on July 15, 2026

11U, 11 man Tackle  
Ages 9-11 on July 15, 2026

13U, 11 man Tackle  
Ages 11-13 on July 15, 2026

## Association Requirements and Guidelines

- All athletes must be registered through our registration site prior to attending their first practice.
- We must receive a hard copy of every athlete's June 2026 report card prior to attending their first practice.
- For all NEW athletes, we must receive an original birth certificate with raised seal, or a passport, prior to attending their first practice. If it is not in English, it must be translated and notarized.
- At the athlete's first practice, a headshot will be taken for our official team book.
- Head coaches will supply athletes & families with all team expectations by September 1.
- Summer and regular season practices are mandatory unless absences are cleared with the team's Head Coach.
- Post-season practices and games are mandatory
- Fundraising throughout the season is required. There will be several opportunities to sell items like popcorn or raffle tickets, or attend trivia and bingo nights. This helps us pay for equipment, uniforms, and field/game day expenses.

## Equipment

- Medford Jr Mustangs will provide the following equipment:
  - Helmet
  - Shoulder pads
  - Padded pants (except 6U)
  - Game and practice jerseys
- All equipment and jerseys listed above that is provided by the Medford Jr Mustangs must be returned when the season has ended.
- Players may purchase and use their own helmet, shoulder pads, and/or padded pants provided the following:
  - Helmets are Navy Blue colored with a white face mask
  - The helmet's certification has not expired
  - Padded pants are "Seven Pad" (2x Hip, thigh, and knee pads with one tailbone pad) and are Navy Blue colored
- Players are responsible for having their own pieces of the following equipment at all games and practices:
  - Cleats (no metal cleats of any kind)
  - Mouth guard with a strap that attaches to the helmet
  - Socks and undergarments
  - It is not required, but highly recommended that players wear a groin protector for all practices and games.
  - 6U players should provide their own white "seven pad" padded pants
- Players are allowed to modify their equipment as per the following:
  - Players may add a CLEAR face mask to their helmets (tinted facemasks are not allowed)
  - Players may swap in their own helmet chin strap
  - Players may add a back-plate to their shoulder pads
  - Players are responsible for removing their personal equipment before the equipment is returned.
- Players may use the following optional equipment:
  - Football gloves
  - Arm, elbow, and hand pads
  - Sweat bands
  - "Flack Jackets" and other football specific rib/body protectors
  - Football specific Skull Caps, Balaclavas, or Shiesty Masks
  - Wraps, Athletic Tape, and Turf Tape
  - Braces and compression garments
  - ANSI Z87 or ASTM F803 certified prescription eye wear



## Schedule

At the beginning of the season, Medford Jr Mustangs practice from 6PM to 8PM, Monday through Thursday. This is typically from July 15th to Labor Day. After Labor Day we drop the Monday practice and practice Tuesday through Thursday from 6PM to 8PM. Practices will continue until a team's last game is played.

On days when Medford High School has home games, we will go as a team to watch those games. This will be done in lieu of practice if the Medford High School home game falls on a practice day.

Our first game is usually the first weekend after Labor Day. 6U games are usually on Saturdays, and 7U, 9U, 11U, and 13U games are typically played on Sundays. Schedules are subject to change but we will do our best to communicate all schedule information to the players. We typically play eight (8) games in the regular season, and as many playoff games as a team advances to.

Playoff games are not necessarily on Sundays. Playoff schedules will be provided when they are available.

## Refund Policy

Once the playing season has officially begun Sept 1, all fees paid are non-refundable for any reason. This includes, but is not limited to-

- Voluntary withdrawal
- Scheduling conflicts
- Personal reasons
- Dismissal due to behavior or policy violations

The only exception to this policy is a serious injury or illness **prior** to Sept 1 that prevents the participant from continuing the season. All requests must be emailed or submitted directly to our Association President, Rose Gifford at [MedfordJrMustangs@gmail.com](mailto:MedfordJrMustangs@gmail.com).